



BGHC 2023/24 REP A COACHING TEAM

The BGHC is committed to the development and future of all our athletes. Our BGHC Coaching Team is built around key athletic leaders who will work with our athletes to enhance their skills and develop their passion for the game.

U18A DAVE LAFLEUR



Dave will be returning for his third term as Head Coach for the BGHC U18A Team. He has more than 20 + years' experience coaching all divisions in girls and boys hockey at both the rep and house league levels, in addition to coaching girls softball and boys baseball.

A CUDAS hockey dad and head coach for 10+ years, Dave is an incredible brand ambassador and supporter of girls hockey. Dave recognizes the importance of developing our young athletes, leading well organized and high energy practices and supporting their training with off-ice conditioning. He is a strong believer in creating a positive, unified team environment. He is supported by a non-parent coaching staff that includes Nick Mitchell (former Eagles player, Cudas coach at U18 the past 5 years), Maddie Mitchell (former Cudas rep player, current McMaster University player) and Lucas Lafleur (former Bulldog/ORHL goalie, former Robert Bateman HS goalie)

Dave can be reached at midgetAcoach@gmail.com

U15A JAY ROUSSEAU



Currently an assistant coach with the U18 BB and U11 DS team. Jay has been coaching since 2014, the last 6 years as Head coach or Assistant at the Rep level. Out of those 9 years of coaching 6 have been shared with Chris Plummer and they will be teaming up again. Chris has been coaching 15 years with the organization, 9 of them as Head coach. Chris was the 2021-2022 Vern Neal Award winner for long term time commitment to the BGHC.

For this dynamic coaching team, the progression of the player on and off the ice, is the main focus. They believe in creating an atmosphere where all the girls will want to get involved and have the opportunity to play and develop hockey skills in a respectful but competitive environment.

Jay can be reached at jfrousseau.bghc@hotmail.com

U13A BEN DOBBIE



Ben is excited to be joining the Barracudas organization as a coach for the 2023/24 season. Ben was the head coach of the very successful 2019/20 Atom B, 2020/21 U11A and 2021/22 U11BB Oakville Hornets Rep teams and has also enjoyed assisting and coaching hockey in various other capacities both before and after his 3 daughters began their hockey adventures in 2016 and 2017. In addition, Ben is currently assisting the Oakville Angels Rep U11 2012 girls softball team as a pitching coach for the upcoming 2023 season.

Ben plans to focus on skill development during every practice and provide players with the tools they need to be successful in games. A learning atmosphere where mistakes are embraced and used constructively to improve both individual and team performance is one of Ben's goals for every season he coaches. Ben is committed to communicating expectations for both players and parents at the start of the season, and checking in regularly thereafter, both individually and as a collective group, to celebrate successes and set future goals. Ben can be reached at: cudas.u13a@gmail.com

U11A DAVE SHANTZ



•Dave joins the BGHC following a number of training and development roles with teams across the GTHL and OMHA. Dave is a former 2nd round draft pick of the Florida Panthers who played approx. 300 games over six-seasons between the AHL and ECHL. Prior to turning Pro, he spent three years in the OHL which concluded with a Championship in 2006 as the starting goalie for the Peterborough Petes.

Since retiring from playing, Dave has transitioned into player development and held key roles with Blyth Academy, and Jon Elkin's Goalie School. The roles and responsibilities of these positions focus on the execution of on-ice training, creation of personal development plans, as well as providing advisory support for players in pursuit of OHL, NCAA, and Pro hockey opportunities.

U9 TEAM 1 MIKE TARANTINO



Mike has been the head coach of the BGHC U9 Team 2 for the past 3 seasons. He is a former NCAA player who was named captain, awarded the "Teammate Award", and a multiple All-Conference player at the Rochester Institute of Technology (RIT) in the NCAA. He earned All-American honours in 2004.

As a coach, Mike served as a Graduate Assistant at Bowling Green in 2005 where he earned his MBA. He has coached the Mississauga Reps Midget team to the 2010 National Championship game, losing 3-2 to Morgan Reilly's Notre Dame Hounds.

Mike was the General Manager of the Toronto Patriots(2013-14) and was named the OJHL Executive of the Year in 2014. In 2018-2019, Mike was the Head Coach for the Oakville Blades and has helped numerous players move on to the OHL, NCAA, and USports. He has coached 4 players who have been drafted to the NHL from the OJHL. He was named OJHL Coach of the Year in 2019. Mike is currently the General Manager for the Collingwood Blues in the OJHL.

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