

BURLINGTON JUNIOR BARRACUDAS



"Building character through sport"

2018-2019

MEDIA GUIDE

Home Games:

09-22-18 — 8:00pm @ Mainway Recreation Centre — vs. **Oakville**
09-30-18 — 12:00pm @ Mainway Recreation Centre — vs. **Nepean**
10-02-18 — 7:40pm @ Mainway Recreation Centre — vs. **Stoney Creek**
10-20-18 — 8:00pm @ Mainway Recreation Centre — vs. **Southwest**
10-21-18 — 12:00pm @ Mainway Recreation Centre — vs. **Ottawa**
10-23-18 — 7:40pm @ Mainway Recreation Centre — vs. **Toronto**
11-04-18 — 12:00pm @ Mainway Recreation Centre — vs. **Durham West**
11-10-18 — 8:00pm @ Mainway Recreation Centre — vs. **Etobicoke**
11-18-18 — 12:00pm @ Mainway Recreation Centre — vs. **Leaside**
12-08-18 — 8:00pm @ Mainway Recreation Centre — vs. **Mississauga**
12-16-18 — 12:00pm @ Mainway Recreation Centre — vs. **Whitby**
12-23-18 — 12:00pm @ Mainway Recreation Centre — vs. **Aurora**
01-12-19 — 4:00pm @ FirstOntario Centre — vs. **Kingston**
01-13-19 — 12:00pm @ Mainway Recreation Centre — vs. **Brampton**
01-19-18 — 8:00pm @ Mainway Recreation Centre — vs. **Cambridge**
01-20-19 — 12:00pm @ Mainway Recreation Centre — vs. **Bluewater**
01-26-19 — 8:00pm @ Mainway Recreation Centre — vs. **Waterloo**
02-16-19 — 8:00pm @ Mainway Recreation Centre — vs. **London**
02-17-19 — 12:00pm @ Mainway Recreation Centre — vs. **Barrie**

Away Games:

09-29-18 — 1:30 @ East Bayfield — vs. **Barrie**
10-27-18 — 4:30pm @ Nepean Sportsplex — vs. **Nepean**
10-28-18 — 2:15pm @ Goulbourn Recreation Centre — vs. **Ottawa**
11-03-18 — 3:15pm @ London Sports Park — vs. **London**
11-11-18 — 2:00pm @ Canlan - York — vs. **Toronto**
11-17-18 — 6:10pm @ McKinney Centre — vs. **Whitby**
11-23-18 — 8:30pm @ Joshuas Creek Arena — vs. **Oakville**
11-25-18 — 12:30pm @ Invista Centre — vs. **Kingston**
12-09-18 — 3:40pm @ Leaside Arena — vs. **Leaside**
12-15-18 — 1:55pm @ Stronach Aurora Rec Complex — vs. **Aurora**
12-22-18 — 4:30pm @ Iceland Arena — vs. **Mississauga**
01-27-19 — 1:00pm @ Kitchener Auditorium — vs. **Waterloo**
01-29-19 — 8:15pm @ Mastercard Centre — vs. **Etobicoke**
02-02-19 — 1:45pm @ Gemini Sportsplex — vs. **Bluewater**
02-03-19 — 1:10pm @ Forest Glade Arena — vs. **Southwest**
02-08-19 — 7:40pm @ Preston Memorial Auditorium — vs. **Cambridge**
02-10-19 — 2:30 @ Ajax Community Centre — vs. **Durham West**
02-22-19 — 8:35pm @ Gateway Ice Centre — vs. **Stoney Creek**
02-24-19 — 2:15pm @ Century Gardens — vs. **Brampton**

Tournaments:

2018 NAHA Labor Day Tournament

Burlington, Vermont
August 31 – September 2, 2018

2018 Stoney Creek University Showcase

Stoney Creek, Ontario
September 14 – 16, 2018

USA – CANADA Cup – Detroit 2018

Fraser, Michigan
October 12-14, 2018

USA – CANADA Cup – KW 2018

Kitchener-Waterloo, Ontario
November 30 – December 2, 2018

Toronto Aeros Holiday Classic - 2019

Toronto, Ontario
January 4-6, 2019

Roster:

Number	Name	Position
#2	Ava Ricker-Singh	Defence
#7	Ilena Ricker-Singh	Defence
#10	Rebekah Keene	Forward
#11	Jenna Morais	Forward
#12	Rhys Cole-Ashbury	Defence
#17	Zoe Arzuman	Forward
#18	Mattie Base	Defence
#19	Clare Malhinha	Forward
#22	Emily Baxter	Forward
#41	Chelsea Dubois	Goalie
#67	Kristen Walker	Defence
#71	Mackenzie Lauretti	Forward
#73	Dylan Jessiman	Forward
#77	Lauren Quilty	Forward
#88	Tia Chan	Goalie
#93	Rylee Davison	Defence
#97	Mayla Mayer	Forward



Title	Name
Head Coach	Dave Schurman
Associate Coach	Vanessa Dupuis
Assistant Coaches	Steve Langdon Chris Walker Karl Lauretti
Manager	Norm Baxter
Strength & Conditioning	Kyle Kokotailo
Trainer	Trina Keene

Ava Ricker-Singh

#2



Position: Defence

Shoots: Left

Height: 5'5"

Graduating: 2019

Born: September 2001

Hometown: Smithville, Ontario

Previous Team: Burlington Junior Barracudas

School: Blessed Trinity Catholic Secondary School

Current Grade Average: 87%

Academic Interests: Kinesiology and Visual Arts

Hobbies: Painting, Reading and Exercising

Volunteer/Extracurricular Activities: Hockey, Cross Country, Soccer, Track and Field

Favorite Quotation(s): "We shall never know all the good that a simple smile can do." - Mother Teresa

Key Achievements:

2016

- Received Athlete of the year
- Qualified for OFSAA for Hockey
- Qualified for OFSAA for Track and Field

2015

- Received Honours
- Qualified for OFSAA for Hockey
- Qualified for OFSAA for Cross Country
- Qualified for OFSAA for Track and Field
- Received Honours

Position: Defence
Shoots: Left
Height: 5'5"
Graduating: 2019
Born: September 2001
Hometown: Smithville, Ontario
Previous Team: Burlington Junior Barracudas

School: Blessed Trinity Catholic Secondary School

Current Grade Average: 85%

Academic Interests: Criminology

Hobbies: Sports, Running, Working Out, Reading, Listening to Music

Volunteer/Extracurricular Activities: Run with Speed Unlimited

Favorite Quotation(s): "Hard work beats talent when talent doesn't work hard"

Key Achievements:

2018

– Verbally Committed to York University

2017

– Award winner for Track and Field

2016

- Participated in OFSAA for Hockey
- Participated in OFSAA for Track and Field
- 80%-85% Average
- Joined the Ontario Summer Games

2015

- Participated in OFSAA for Hockey
- Participated in OFSAA for Track and Field
- Received Honours

Ilena
Ricker-Singh

#7



Rebekah Keene

#10



Position: Forward

Shoots: Left

Height: 5'3"

Graduating: 2016

Born: November 1998

Hometown: Oakville, Ontario

Previous Team: Burlington Junior Barracudas

School: Graduated from T.A Blakelock High School

Current Grade Average: 86% Overall

Academic Interests:

Hobbies: Hockey, Basketball and Animals

Volunteer/Extracurricular Activities: Volunteered for the Oakville Lady Hawks Field Lacrosse, Joined the YMCA of Mississauga and the YMCA of Derry Woods

Favorite Quotation(s): "You miss 100% of the shots you don't take" - Wayne Gretzky

Key Achievements:

2016

- Graduated Highschool
- Honour Roll

2014

- MVP for Brantford Ice Cats Tournament

Jenna Morais

#11

Position: Forward
Shoots: Right
Height: 5'11"
Graduating: 2019
Born: September 2001
Hometown: Burlington, Ontario
Previous Team: Burlington Junior Barracudas

School: Corpus Christi Catholic Secondary School

Current Grade Average: 75%

Academic Interests: Physical Therapy/Kinesiology and Health and Physical Education

Hobbies: Physical Training, Athletic Council, Hiking, Camping and Photography

Volunteer/Extracurricular Activities: Volunteer at The Pond Hockey Summer Camp, Corpus Christi Multi Sports Camp, Food drives, Flag Football and Soccer

Favorite Quotation(s): "Own the Moment"

Key Achievements:

2017

– Canadian National Flag Football Bronze Medalist

2016

- Flag Football MVP
- Team Ontario Flag Football (QB)
- 2016 Gold Medal Lower Lakes Hockey Tournament
- 2016 Canadian National Flag Football Bronze Medalist



Rhys Cole-Ashbury

#12



Position: Defence

Shoots: Left

Height: 5'7"

Graduating: 2020

Born: July 2002

Hometown: Mississauga, Ontario

Previous Team: Etobicoke Dolphins Midget AA

School: Everest Academy

Current Grade Average: 92%

Academic Interests: History and Sciences

Hobbies: Reading

Volunteer/Extracurricular Activities: Work at Sporting Good Store and Helping Younger Kids Both in and Out of School

Favorite Quotation(s): "Great moments are born from great opportunities" - Herb Brooks

Key Achievements:

2017

- Athlete of the Year
- Received Honours

2016

- Received Honours

Zoe
Arzuman

#17

Position: Forward

Shoots: Left

Height: 5'11"

Graduating: 2019

Born: April 2001

Hometown: Toronto, Ontario

Previous Team: Durham West Lightning Midget AA

School: North Toronto Collegiate Institute

Current Grade Average: 88%

Academic Interests: Math, English and History

Hobbies: Reading, Writing, Fishing, Field Hockey and Track and Field

Volunteer/Extracurricular Activities: Field Hockey Coach, Writer and Photographer for School's Newspaper and Tutoring in English and Spanish

Favorite Quotation(s): Carpe Diem (Seize the Day)

Key Achievements:

2018

- Track: Toronto City Finalist for 4x100m
- Senior Athletic Award
- Captain: North Toronto CI's Girl's Hockey team

2017

- Co-Captain: North Toronto CI's Tier 2 Field Hockey team
- Academic Average of 92%
- Academic Awards: Highest Mark in English and Year 2 Spanish
- Junior Athletic Award
- Track: Toronto City Finalist for Long Jump, 100m and 4x100m
- Associate Captain: North Toronto CI's Girl's Hockey Team

2016

- Academic Average of 93%
- Highest Mark in Geography



Mattie Base

#18



Position: Defence
Shoots: Left
Height: 5'9"
Graduating: 2020
Born: June 2002
Hometown: Oakville, Ontario
Previous Team: Oakville Midget AA

School: T.A Blakelock High School

Current Grade Average: 89%

Academic Interests: Business Study or Health Science

Hobbies: Field Hockey, Water Skiing, Wakeboarding, Fitness, Soccer and Snowboarding

Volunteer/Extracurricular Activities: Employed at Oakville Hockey Academy Working with Youth Hockey Development, Town of Oakville Pool Pals, Children Camps and Life Guarding

Favorite Quotation(s): "The best preparation for tomorrow is doing your best today." –H. Jackson Brown Jr.

Key Achievements:

2017

- Honour Roll
- Provincial Silver Medal MAA
- Gold Medalist Bauer Detroit
- National Silver Medal Field Hockey

2016

- Honour Roll
- Provincial Silver Medalist BAA
- Lower Lakes Gold Medalist BAA
- Swimming Bronze Medallion

Clare Malhinha

#19

Position: Forward

Shoots: Right

Height: 5'4"

Graduating: 2020

Born: August 2002

Hometown: Carlisle, Ontario

Previous Team: Burlington Barracudas Midget AA

School: Waterdown District High School

Current Grade Average: 91%

Academic Interests: Business and Law

Hobbies: Running, Reading and Waterskiing

Volunteer/Extracurricular Activities: Soccer and Track & Field, Refing Minor Hockey and Volunteering at Summer Camps

Favorite Quotation(s): "You miss 100% of the shots you dont take"

-Wayne Gretzky

Key Achievements:

2018

- Academic Honour Roll of 90%
- SOSSA Track qualifier (100m, 200m)

2017

- Academic Honour Roll of 90%
- WDHS female Athlete of the Year
- Varsity Track & Feild and Soccer MVP
- OFSAA South Regional Track Qualifier (100m, 200m , 4x100m)

2016

- Class Valedictorian
- Academic Honour Roll
- Overall Academic Proficiency Award
- LLFHL Gold Medal
- OWHA Summer Games Bronze



Emily Baxter

#22



Position: Forward

Shoots: Left

Height: 5'4"

Graduating: 2018

Born: June 2000

Hometown: Oakville, Ontario

Previous Team: Burlington Junior Barracudas

School: Holy Trinity Catholic Secondary School

Current Grade Average: 92%

Academic Interests: Math and Science

Hobbies: Reading, Colouring, Listening to Music, Puzzles, Aesthetics, Playing Sports and Baking

Volunteer/Extracurricular Activities: Little League Baseball Volunteer and Umpire, Baseball Camp Counsellor and Food Drives

Favorite Quotation(s): "There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do."

Key Achievements:

2018

– Female Senior Athlete of the Year

2017

– Won Gold for U21 Team Ontario Women's Baseball Team

– Holy Trinity School Prefect

– Academic Award of Excellence

2016

– Academic Award of Excellence (90+ Average)

– Won Bronze for U21 Team Ontario Women's Baseball Team

– Won Gold for U16 Team Ontario Women's Baseball Team

– GHAC Champions Girls Fast Pitch

2015

– Team Canada Junior League World Series

– Provincial Champions and GHAC Champions Fastpitch

– Academic Award for Phys. Ed

Chelsea Dubois

#41

Position: Goalie
Shoots: Left
Height: 5'9"
Graduating: 2018
Born: December 2000
Hometown: Burlington, Ontario
Previous Team: Burlington Junior Barracudas

School: Dr. Frank J Hayden
Current Grade Average: 83%
Academic Interests: Education
Hobbies: Hockey, Soccer and Basketball
Volunteer/Extracurricular Activities: Works at McDonalds and Volunteers at Sports Camp for Kids
Favorite Quotation(s): "Don't follow your dreams - chase them"
Key Achievements:

2018

- Won Silver at OFSAA for Soccer
- Graduated with Honours

2017

- USA-Canada Cup silver medalist
- Received Honours

2016

- Played for Senior Girls B Ball Team
- Received Honours

2015

- MVP for High School Basketball Team
- Received Honours



Kristen Walker

#67



Position: Defence

Shoots: Left

Height: 5'10"

Graduating: 2019

Born: January 2001

Hometown: Burlington, Ontario

Previous Team: Burlington Junior Barracudas

School: Assumption Catholic Secondary School

Current Grade Average: 92%

Academic Interests: Biology, Chemistry and Math

Hobbies: Playing Sports, Swimming, Music, Training and Animal Care

Volunteer/Extracurricular Activities: On Ice Assistant Coach for Hockey Skills Camps and BGHC Tryouts, Food Drives, BGHC Me to We Leadership, Burlington Humane Society and High School Sports – field hockey, hockey, volleyball and fastpitch

Favorite Quotation(s): "When the stakes are high, preparation is everything." – Chris Hadfield

Key Achievements:

2018

– Senior Athlete of the Year and School Hockey MVP

2017

– Honour Roll

– Junior Athlete of the Year and Fastpitch MVP

– Junior Field Hockey Captain

– Gold at Scarborough New Year's Classic Tournament

– USA-Canada Cup Silver Medalist

2016

– High School Athlete on the Rise Award

– Ontario Summer Games Participant

– Gold at LLFHL Championship

– International Silver Stick Tournament Champion

Mackenzie Lauretti

#71

Position: Forward

Shoots: Left

Height: 5'9"

Graduating: 2019

Born: July 2001

Hometown: Waterdown, Ontario

Previous Team: Burlington Junior Barracudas

School: Waterdown District High School

Current Grade Average: 70%

Academic Interests: Biology and English

Hobbies: Hockey and Staying Active

Volunteer/Extracurricular Activities: Volunteering at Hockey Arenas, Camps, Timekeeping, Volunteered at Rib Fest and Food Drives

Favorite Quotation(s): "It's not whether you get knocked down, it's whether you get up" and "The highest compliment that you can pay me is to say that I work hard every day"

Key Achievements:

2018

– SOSSA for High School Hockey

2017

– SOSSA for High School Hockey

2016

– Gold at LLFHL Championship

– 8 Gold Medals in Peewee AA

– SOSSA for High School Hockey

2015

– Assistant Captain for Bantam AA



Dylan Jessiman

#73



Position: Forward

Shoots: Left

Height: 5'4"

Graduating: 2019

Born: April 2001

Hometown: Burlington, Ontario

Previous Team: Burlington Midget AA

School: Nelson High School

Current Grade Average: 84%

Academic Interests: Sciences (Biology and Chemistry) and English

Hobbies: Hockey, Basketball, Soccer and Listening to music

Volunteer/Extracurricular Activities: Food Drive for the past 5 years and Volunteering at a Basketball Summer Camp

Favorite Quotation(s): "Hard work beats talent when talent doesn't work hard" and "Stay positive, work hard, make it happen"

Key Achievements:

2017

- MVP High School Basketball Team
- Assistant Captain of Midget AA
- Assistant Captain of High School Hockey team

2016

- Captain of Bantam A and Midget A
- MVP High School Soccer Team in Grade 10

**Lauren
Quilty**

#77

Position: Forward

Shoots: Left

Height: 5'4"

Graduating: 2019

Born: August 2001

Hometown: Simcoe, Ontario

Previous Team: Brock Junior Badgers Midget AA

School: Holy Trinity Catholic High School

Current Grade Average: 93%

Academic Interests: Medicine

Hobbies: Golf, Soccer, Basketball and Tennis

Volunteer/Extracurricular Activities: Indoor and Outdoor Head Soccer Coach

Favorite Quotation(s): "You miss 100% of the shots you don't take"

-Wayne Gretzky

Key Achievements:

2018

- High School Hockey Assistant Captain
- NSSAA Hockey Gold Medalists
- NSSAA Basketball Gold Medalists
- Hockey Semi Finalists at CWOSSA
- Highest Overall Average for the Leadership Class

2017

- Received Honours
- Bronze Medalist at the 2016 Ontario Summer Games
- Girls Basketball MVP
- High School Basketball Captain
- High School Hockey Assistant Captain
- Sara Bauer Academy Assistant Captain



Tia
Chan

#88



Position: Goalie

Shoots: Right

Height: 5'5"

Graduating: 2020

Born: September 2002

Hometown: Hamilton, Ontario

Previous Team: Burlington Junior Barracudas

School: Westmount Secondary School

Current Grade Average: 90%

Academic Interests: Math, Science and Physical Education

Hobbies: Fastpitch, Cooking, Track and Field and Exercise

Volunteer/Extracurricular Activities: United Filipino Canadian Seniors Association of Hamilton, Goalie Coach with Burlington Barracudas PeeWee BB and Coach with Brantford Bobcats Novice Red

Favorite Quotation(s): "Hard work beats talent when talent doesn't work hard" - Tim Notke

Key Achievements:

2018

- OWHA U18 High Performance Camp
- KRS Team Shenzhen Olympic Camp
- Best Goalie Award
- Junior Female Athlete of the Year
- Honour Roll

2017

- USA-Canada Cup Silver Medalist
- OFSAA for Javelin
- Track and Field MVP
- Grade 9 Female Athlete of the Year
- OWHA U16 High Performance Camp

2016

- Top 20 Fastpitch Players in Ontario on UTM Player Radar
- OWHA U16 High Performance Camp

**Rylee
Davison**

#93

Position: Defence
Shoots: Right
Height: 5'8"
Graduating: 2019
Born: September 2001
Hometown: Oakville, Ontario
Previous Team: Oakville Hornets Midget AA

School: White Oaks Secondary School

Current Grade Average: 87%

Academic Interests: Biology, Chemistry, Math and Physics

Hobbies: Reading and Outdoor Activities

Volunteer/Extracurricular Activities: On Ice Assistant Coach

Favorite Quotation(s): "Pain is temporary it may last minute, or an hour, or day, or year, but eventually it will subside and something else will take its place. If I quit, however, it'll last forever." - Lance Armstrong

Key Achievements:

2018

– Received Honours

2017

– Midget AA Captain

– 2 Nations Detroit Champions

– Received honours

2016

– Received Honours

2015

– Received Honours

– U16 OWSHA Performance Camp



Mayla Mayer

#97



Position: Forward

Shoots: Left

Height: 5'7"

Graduating: 2018

Born: September 2000

Hometown: Niagara Falls, Ontario

Previous Team: Burlington Junior Barracudas

School: A.N. Myer Secondary School

Current Grade Average: 80%

Academic Interests: Nutritional Sciences and Kinesiology

Hobbies: Hiking/Outdoor Activities, Exercising, Cooking and Photography

Volunteer/Extracurricular Activities: Volleyball, Track and Field, iTrain Hockey Trainer, Member of Saint Paul Catholic Hockey, Soccer and Volleyball Teams, - Competed at the SRSL Elite Soccer Level for 4 Years, Sara Bauer Little Bee's, Me2We Participant, Interact Member, Brock Jr. Badger Bantam team

Favorite Quotation(s): "Aim high, lay low" and "You are what you do, not what you say you'll do"

Key Achievements:

2016

- Assistant Captain of Sara Bauer Academy
- OWSA Provincial Championships top 12
- Rochester Fire on Ice Finalists

2013

- Lower Lakes Female Hockey League Champions

Dave Schurman Head Coach



Dave has over 30 years of coaching experience in competitive male and female hockey and Senior A Fastball. He played his Junior A and Senior A hockey in the Maritimes and was coached by former NHL coach of the year, Doug MacLean. Dave was an all-star in the PEI High School Hockey League and the PEI High School Football League. He also played varsity football. Dave has had the pleasure in the past of coaching the 2018 NHL coach of the year, Gerard Gallant.

Dave has won two Provincial championships as a head coach and has coached in two national championships. Coaching honours include Sport PEI Coach of the Year, Oakville Hornets Coach of the Year, and Sport Oakville Coaching Award of Excellence. Dave was a former mentor with the Halifax Mooseheads of the QMJHL.

In girl's hockey, Dave was the head coach of teams that have won 30 Tournament Medals – 17 Gold, 10 Silver, 3 Bronze medals as well as:

- Lower Lakes Female Hockey League (LLFHL) Regular Season Champions 2011, 2012, 2013, 2014, 2015
- LLFHL Playoff Champs 2013, 2014, 2015
- OWSA Provincial Bronze 2012
- LLFHL Championship Gold 2013
- LLFHL Championship Silver 2014
- International Silver Stick Championship Gold 2014

As an organizer, Dave was a former Vice Chairman with the World Junior Fastball Championships, Chairman of the Canadian Women's National Fastball Championships and Vice President of the Canada Games.

Vanessa Dupuis Associate Coach

Vanessa Dupuis has over 10 years of hockey instruction experience - mainly with goalies - but also with players in the areas of skating technique, stride development, and edges. This is her second year with the Burlington Junior Barracudas. She is High Performance 1 Trained, and is working towards becoming certified. Vanessa was invited to coach at the U16 Team Ontario Selection Camp in Toronto in 2018, and was selected to be a coach at the 2018 Ontario Summer Games.

Previously, Vanessa founded and managed her own goaltending instruction business for eight years. She was selected as the goalie coach for the Mexican National Hockey Team and Development Program for two consecutive years during their visit to Ontario for a summer training camp.

Vanessa holds a Masters Degree in Public Administration from the University of Guelph, and a Master of Laws from the University of Toronto. She played on the Varsity Women's Golf Team while completing her studies at the University of Guelph, and was the Captain and MVP in her senior year. In her professional life, Vanessa is the Strategic and Operations Advisor to the Auditor General of Ontario, and has been with the office for four years.



Steven Langdon Assistant Coach



Steve recently completed his High-Performance Level II Training with Hockey Canada. His experience and knowledge of hockey is being passed down to the Burlington Jr. Barracudas team.

Coach Steve achieved his Hockey Canada's High-Performance Level I certification in 2014 and High Performance Level II in July, 2016.

Steve has coached boys and girls hockey over the past 25 years. He has two daughters, Ashley and Jessica, who both graduated from Neumann University playing 4 years in the NCAA. His son, Michael, currently plays hockey on Blythe Academy U16 in Burlington. The last year coach Steve was on the bench with his son's team they won OMHA's. Steve and his wife Allison have enjoyed watching their children grow into young adults through their participation in hockey.

Chris Walker Assistant Coach

Chris has 16 years' experience as a minor hockey coach. He focuses on the inputs his players control which result in positive outcomes. Chris equips his players with the skills, tactics, approach and attitude that lead to success on and off the ice. He has been an integral part of coaching staffs on teams with a history of success. More recently he has been a part of 2 LFFHL Championships, 2 International Silver Stick championships, 9 golds and 2 silvers in tournaments and 10 gold in spring hockey.

His ability to teach and motivate players translates to other sports. As a baseball coach, Chris' fast-pitch teams have won 5 gold medals at PWSA sanctioned tournaments. His commitment to minor sports also includes 5 years as a board member.

As a varsity athlete himself Chris has earned 3 OUA and 1 CIS (now USports) National championship on teams that achieved a win percentage of 97%. Shaped by this winning culture, Chris is able to pass on to the young athletes he coaches the approach and mindset it takes to succeed.



Karl Lauretti Assistant Coach



Karl has been an assistant coach in the BGHC since 2007. A former defenceman with the Burlington Cougars, Karl specializes in the defense position. Karl has the ability to breakdown players and teams in games and practices. This makes him indispensable on the bench and with players providing on-going progressive coaching to develop their skills.

As an assistant coach, Karl has contributed to success throughout the years including 8 tournament golds, 2 silvers, 2 LLFHL championships and multiple golds in spring hockey. More importantly his defencemen have consistently been among the best in the league, many of which have moved on to CIS and NCAA teams.



**Norm
Baxter**
Manager

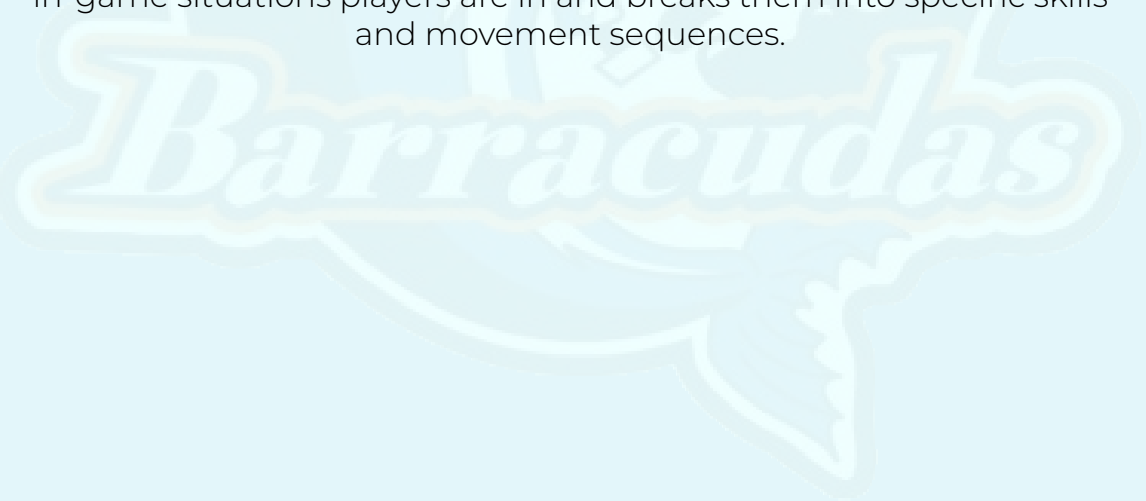


Kyle Kokotailo

Strength & Conditioning



Kyle brings a unique and innovative approach to skill development. Combining his elite playing experience and extensive education in kinesiology and motor skill acquisition, he understands the common in-game situations players are in and breaks them into specific skills and movement sequences.



Trina
Keene
Trainer

